

King Edward VII's Hospital

Job Description

Senior Physiotherapist – Bank In-patients

Job Title: Bank Senior Physiotherapist

Department: Therapies

Responsible To: Physiotherapy Clinical Team Lead

Key Relationships: Physicians, Surgeons, Medical Team, Nursing Team, AHP Team, MDT, Patients

and Families

Contract Type: Bank

Job Summary:

As a Senior Physiotherapist, you will play a pivotal role in providing high-quality care to our patients undergoing rehabilitation. The ideal candidate will possess extensive experience in orthopaedic rehabilitation, and hydrotherapy, ensuring optimal patient outcomes and satisfaction. Experience of post-surgery care in gynaecology, colorectal, urology, breast, care of the elderly, respiratory, and general medicine is highly advantageous.

Key Duties:

- Conduct thorough assessments of patients admitted to the inpatient unit, utilising
 appropriate physiotherapy techniques and tools to evaluate physical function, mobility,
 strength, and range of motion.
- Interpret assessment findings to develop individualised treatment plans tailored to each patient's needs and goals.

- Design and implement evidence-based physiotherapy interventions to optimise patient outcomes.
- Provide education and guidance to patients and their families on home exercise programmes and self-management strategies to support continuity of care post-discharge.
- Maintain accurate and timely documentation of patient assessments, treatment plans, progress notes, and discharge summaries following departmental and regulatory standards.
- Engage in reflective practice and seek feedback from peers and supervisors to enhance clinical skills and performance.

Role Responsibilities:

1. Maintain a Strong Understanding of the Surgical Procedures performed and the Post-Surgical Physiotherapy Protocols for Each

- Collaborate closely with the surgeons and interdisciplinary team to ensure holistic patient care is delivered in line with hospital and surgical protocols.
- Ensure continuity of care and rehabilitation progress for patients as inpatients and provide education on onwards recovery post-discharge.

2. Maintain Skills within the Specialties Respiratory, Neurology, General Medicine, and Care of the Elderly

- Be confident in providing physiotherapy intervention for patients admitted via or medical pathway or with complex medical histories.
- Maintain competency in general respiratory physiotherapy (we do not have a critical care)

3. Hydrotherapy Delivery:

- Identify the appropriate inpatients and complete Risk Assessments before referring the patients onwards to the Weekdays Team / Outpatient Team (there is no hydrotherapy service at weekends and on Bank Holidays).
- Stay up-to-date with hydrotherapy pool evacuation training provided in house.
- Enhance patient well-being and accelerate rehabilitation progress, promoting faster recovery and improved quality of life.

4. Collaboration and Communication:

- Foster effective communication and collaboration with patients, their families, and members of the healthcare team to ensure coordinated care delivery and optimal patient outcomes.
- Actively participate in multidisciplinary meetings, providing valuable insights and recommendations.
- Facilitate seamless care transitions, improve patient satisfaction, and enhance overall treatment outcomes.

5. Documentation and Record-Keeping:

- Maintain accurate and up-to-date patient records, documenting assessments, treatment plans, interventions, and progress notes following hospital policies and regulatory standards.
- Ensure continuity of care, facilitate effective communication among healthcare providers, and support quality improvement initiatives.
- Ensure strict confidentiality is maintained in line with organisational and national GDPR standards.

6. Professional Development:

- Stay abreast of advancements in physiotherapy practice through continued education, training, and professional development activities.
- Contribute to the advancement of physiotherapy practice through participation in research, quality improvement initiatives, and professional organisations.

Essential Requirements:

- Bachelor's degree (or equivalent) in Physiotherapy.
- HCPC registration and CSP membership.
- Minimum of 2 years of experience.
- Excellent communication and interpersonal skills.
- Strong clinical reasoning and decision-making abilities.
- Ability to work effectively both independently and as part of a multidisciplinary team.
- Commitment to continuous professional development and evidence-based practice.

This job description is not intended to be an exhaustive list of duties, but to highlight the current main responsibilities of the post. The post holder is required to undertake any other similar duties, as required by their manager. This job description may be reviewed and altered in the light of changing service needs and developments, after discussion with the post holder.

Person Specification:

Criteria	Essential Requirements	Desirable Requirements
Qualifications:	 Bsc or Msc in Physiotherapy. HCPC registration CSP membership 	
Experience:	 Minimum of 2 years of post-qualification experience as a physiotherapist, with specific experience in an inpatient (orthopaedic?) ward setting. Proven track record of delivering high-quality physiotherapy interventions and achieving positive patient outcomes 	

Clinical Skills:	 Strong clinical reasoning, assessment, and treatment skills across a range of patient populations and conditions typically encountered in an inpatient ward. Competence in developing and implementing individualised treatment plans based on thorough clinical assessments and evidence-based practice. 	Extensive experience working with diverse patient populations and conditions typically encountered in an inpatient ward, including post-surgical rehabilitation, acute injuries, neurological conditions, or respiratory disorders.
Skills:	 Excellent verbal and written communication skills, with the ability to communicate effectively with patients, families, and multidisciplinary team members. Empathetic approach and the ability to establish rapport with patients, demonstrating sensitivity to their needs and concerns. Able to work on own initiative, prioritise work and meet deadlines Excellent timekeeping and prepared to be flexible 	Commitment to ongoing professional development and lifelong learning, demonstrated through participation in relevant courses, workshops, conferences, or research activities focused on inpatient physiotherapy practice.
Teamwork:	 Demonstrated ability to work collaboratively within a multidisciplinary team, fostering a culture of mutual respect, support, and cooperation. Willingness to contribute actively to 	

team meetings, share	
knowledge and	
expertise, and	
participate in	
collaborative decision-	
making processes.	

The post holder will be required to comply with all policies and procedures issued by and on behalf of King Edward VII's Hospital *Sister Agnes*.

The Hospital is an equal opportunities employer, and the post holder will be expected to promote this in all aspects of his/her work.

Confidentiality

All information in relation to patients and staff must be held in the strictest confidence and may not be divulged to any unauthorised person at any time without the authorisation of your manager or unless it is in the best interest of the individual. The post holder must maintain the confidentiality of information about patients, staff, and other Hospital service business in accordance with the Code of Confidentiality and the Data Protection Act 1998. A breach of confidentiality in relation to manual or computer data will result in disciplinary action being taken in accordance with the Hospital's disciplinary procedure and may lead to dismissal.

Health and Safety

Employees must be aware of the responsibilities placed on them under the Health and Safety at Work Act 1974 to ensure that the agreed safety procedures are conducted to maintain a safe environment.

Risk Management

You have a responsibility for the identification of all risk which have a potential adverse effect on the Hospital's ability to maintain quality of care and the safety of patients, staff and visitors, and for the taking of positive action to eliminate or reduce these.

Equal Opportunities

As a member of staff at the King Edward VII's Hospital *Sister Agnes* you have a personal responsibility to ensure that you do not discriminate, harass, bully, or contribute to the discrimination, harassment or bullying of a colleague or colleagues, or condone discrimination, harassment or bullying by others.

You also have a responsibility to ensure that all people that you have contact with during the course of your employment, including patients, relatives and staff, are treated equally in line with the hospital's Equal Opportunities Policy.