



KING EDWARD VII's
HOSPITAL



Sample Lunch menu

Served from 12.15pm



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All menus will display diabetic friendly, gluten free, halal, low fat, vegetarian and vegan options.
Should you require any allergen information, please do not hesitate to ask our catering team.

Soups

Broccoli & Cropwell Bishop stilton

Roast tomato and basil

Cream of mushroom

Cream of chicken, leek & potato

Served with a choice of brown or white rolls with butter or spread

Hot Mains

Charred harissa rack of lamb, roasted freekeh ratatouille, harissa oil

Prawn and crab linguine, sun-dried tomato, lemon and parsley

Baked three cheese macaroni topped with fresh herb and brioche crumb

Lighter Grilled Options

Grilled lemon chicken supreme with a chicken jus

Grilled sea bass fillet, fresh lemon, herb oil

Grilled Mediterranean vegetable & halloumi skewer red pesto, herb oil

Light Mains and Salads

Ploughman's lunch – Smoked ham, cheddar, egg, pickles, onion, grapes, baguette

Poached salmon with cucumber, red onions, tomatoes, olives & feta cheese

Roasted garlic hummus, crudités, olives & pitta bread

Jacket Potato served with various toppings including tuna mayonnaise,

cottage cheese, prawn mayonnaise, baked beans and cheddar cheese

Omelette (2 eggs) with choice of cheese, tomato, herbs, ham, smoked salmon or plain

Main courses served with potatoes, rice, steamed vegetables or side salads

Desserts

Clear jelly or fresh fruit in jelly

Crème caramel

Fresh fruit salad

Stewed apple with crème fraiche

Strawberry millefeuille

Purbeck ice cream or sorbet (various flavours)

Frozen yoghurt

Fresh fruit

Cheese selection served with grapes, celery and biscuits