



KING EDWARD VII'S  
HOSPITAL



# Sample Dinner menu

Served from 6.15pm



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All menus will display diabetic friendly, gluten free, halal, low fat, vegetarian and vegan options.  
Should you require any allergen information, please do not hesitate to ask our catering team.

## Starters

Sweetcorn chowder

Parma ham, goat cheese mousse & baby beets, balsamic glaze  
Vegetable antipasti, hummus, seeded cracker

## Hot Mains

Lamb kofta, pita bread, mint yogurt, parsley & onion salad  
Garlic lemon prawn risotto with peas, basil oil & crème fraiche  
Penne pasta all' Arrabbiata, parmesan cheese

## Lighter Grilled Options

Grilled lemon chicken with chicken jus  
Grilled sea bass fillet, fresh lemon, herb oil  
Grilled Mediterranean vegetable & halloumi skewer red pesto, herb oil

## Main Cold Salads

Charred chicken, piquillo peppers, avocado, smoked tomato, artichoke salad  
Thai crab salad, pickled cucumber, coriander, lime dressing  
Fattoush salad, cucumber, tomato, romaine lettuce, radish, pita croutes

*Main courses served with potatoes, vegetables or side salad*

## Desserts

Clear jelly or fresh fruit in jelly  
Crème caramel  
Fresh fruit salad  
Stewed apple with crème fraiche  
Glazed lemon tart, vanilla cream, macerated blueberries  
Purbeck ice cream or sorbet (various flavours)  
Yoghurt (various flavours) or frozen yoghurt  
Fresh fruit  
Cheese selection served with grapes, celery and biscuits