

# Checklist of what to bring with you

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We have provided a useful checklist to help you prepare before coming into Hospital.

## What to bring with you to Hospital

It is important that you bring the following with you when you come in for your procedure:

- ☐ Insurance details and claim form
- ☐ All medication that you are taking in its *original packaging*. Please do not remove the tablets from the original packs
- ☐ All relevant scans and X-rays
- ☐ Night clothes and dressing gown if staying overnight
- ☐ Loose comfortable clothing
- ☐ Toothbrush and toothpaste
- ☐ Toiletries (*We provide a selection of complimentary toiletries in the room*)
- ☐ Well-fitting slippers/ shoes with backs, or trainers
- ☐ Swimwear (if using the hydrotherapy pool)
- ☐ Any specialist dressings or products that you use at home e.g. stoma/incontinence products, catheters etc.
- ☐ Mobile phone and charger

Other items you wish to bring with you could include:

- Books or magazines
- Batteries for hearing aids
- iPad/Kindle

**Please do not bring valuables and large amounts of cash with you to Hospital as we cannot be responsible for these. We do provide a small safe for you to store anything in your room.**