



KING EDWARD VII's
HOSPITAL

Autumn 2017



Friends newsletter

The background is a solid dark blue color. It features several large, overlapping, curved lines in a lighter shade of blue. These lines are thick and sweep across the frame, creating a sense of movement and depth. The lines are not perfectly circular but rather follow a similar curved path, overlapping each other in various places.

Front Cover: Mrs Gloria Rowbotham, The Honourable Mrs Virginia Lovell, Dr Hugo Rowbotham

Introduction from...

After so much planning, it is great to see the start of the Hospital's development project. Although it will not be open until 2020, the new building across the road from the main entrance will provide much needed consulting rooms and additional diagnostic imaging.

For some patients, an outpatient consultation in the new building will result in surgery in the Hospital itself. In order to facilitate the expected increase in demand, we need to carry out the second half of the project, the extension of one of the existing theatres and the recovery area as well as the creation of two additional theatres on the ground floor. To do this we still need to raise a further £13 million.

The project points us to the future and makes us think about what the Hospital will be like when it is completed. The designs and images we have for the new facilities are contemporary but mindful of the tradition and history of King Edward VII's Hospital. They reflect a hospital at the forefront of medicine and one where our patients and their Consultants will be able to access the very best treatments and equipment in a first-class environment. But whilst new facilities and equipment are essential and exciting, the most important thing is to have the right staff working within a culture of kindness as well as professionalism. It is this that I firmly believe sets King Edward VII's Hospital apart from other hospitals. Through all the development of the Hospital, and beyond, we shall never lose sight of those for whom we care, treating them as individuals and looking after them with compassion and understanding.

Thank you for your continuing support for the Hospital. I do hope you enjoy reading this newsletter and all about what is happening at King Edward VII's Hospital.

Best wishes,



Chief Executive Andrew Robertson



Andrew Robertson
Chief Executive

50-54 BEAUMONT STREET



VII
KING EDWARD VII's
HOSPITAL



VII
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Proposed Images of the new building
fit-out: Main Entrance Lobby



Proposed design for new Consultation Room

Update on the redevelopment of King Edward VII's Hospital

Lindsey Condron joined King Edward VII's Hospital in September 2016 as Director of Operations. She has extensive experience working across the NHS and private healthcare sectors and has successfully delivered a number of development initiatives, most recently leading on the build and opening of an outpatient and diagnostic facility at the Royal Brompton & Harefield Hospitals.

Any visitors to the Hospital or the Marylebone area may have noticed, or at least heard, the demolition of Macintosh House, which is located directly opposite the main Hospital building, signalling that our redevelopment is now officially underway!

The facility, which is scheduled to open in 2020, will provide the Hospital with the ability to support an increased number of consultants and related imaging services. This will ensure that our patients continue to receive the best possible treatment by leading experts.

My team have worked tirelessly on the internal detail of the facility to ensure that the patient experience is at the centre of the design and to make sure that the latest equipment is able to fit in to the building.

The most challenging of these is a 7.5 ton MRI scanner which will need to be craned from Beaumont Street into the basement - which is no easy task.

This year, we received a hugely generous donation which will allow us to refurbish the main Hospital entrance and waiting areas. Whilst the design is in the initial stages, we look forward to sharing its development with you as it progresses. Further updates on Phase 2 of the redevelopment, which focuses on improvements to the main Hospital building, including the installation of two new day case theatres, will be provided as funds are raised.

In August, we reopened our Endoscopy Unit, which was entirely redesigned and now has state-of-the-art equipment. November celebrates the opening of our Centre for Veterans' Health, which will be the base for our charitable work with Veterans, as well as our Pain and Neuroscience Centre of Excellence. Our next project will be the development of an outpatient Ophthalmology Unit, which will be open by the end of this year, and which will allow us to provide comprehensive ophthalmic screening, diagnosis and care in an outpatient setting.

It is essential to the Hospital that the design of any new facility is informed by our values and our dedication to patient care. Having the ability to continue to deliver clinical excellence in the best possible environment is of the utmost importance to the future of the Hospital and to that of our patients.



Lindsey Condron



**Proposed Images of the new building fit-out:
Main Reception Area and Waiting Area, Circulation
and Waiting Area**



Proposed Image of new MRI room

Staff spotlight

Tonya Kloppers was promoted to Deputy Matron in June. She started working at King Edward VII's Hospital 17 years ago. The breadth of her experience makes her uniquely qualified for her post.

What is your background and why did you choose to come and work at King Edward VII's Hospital?

I did my training in South Africa, gaining a BSc Hons (Nursing) from the University of the Witwatersrand. I came over to England to travel, just for a year; that was 24 years ago. I found out about King Edward VII's Hospital from a friend working in the ITU here. She recommended working here because Matron, accommodation and the food were great and it was convenient for the West End!

I started as a staff nurse and left to go travelling the world several times, but I always returned as I loved working here. Matron was indeed a lovely boss - it felt like home and they always took me back! I have worked on all the wards, Imaging and even in theatre. I was promoted to Senior Staff Nurse, Deputy Ward Sister, Ward Sister, Ward Manager, Clinical Operations Manager and now Deputy Matron.

What makes King Edward VII's Hospital different from other hospitals?

King Edward's is different because we care about the patient as an individual, with all their quirks and foibles. We care about getting it right for the patient and their family. I enjoy the professionalism, discipline and kindness in the hospital – I think these elements are part of the reason patients feel safe here and want to return.

Can you give us a brief overview of your role?

The teams I work with have a mixture of staff that I have known for many years and staff that have just started – I enjoy working with these diverse and often challenging teams. A substantial part of my role is managing the nursing staff, providing professional and clinical leadership within the Hospital, and holding the teams to account for the delivery of compassionate, high quality care.

I chair the Patient Experience Group and I am passionate about seeing the care we provide through the eyes of the patient: identifying areas for service improvement and implementing improvement initiatives that matter to patients. I work closely with all staff, including senior managers, operations and hotel services, to ensure the teams within the Hospital work together – specifically in relation to the quality of care that is delivered to patients, and this often requires diplomacy, tact and a sense of humour! I manage the nursing services budget, skill mix, staffing and recruitment with the complex task of ensuring we have the right staff at the right place at the right time for the best patient outcome while controlling cost.

What can you tell us of your day-to-day activities?

I start at 07:30 with handover from the night sister, ward rounds, seeing patients, meeting with staff and checking on staffing levels, bed management, answering queries and meetings. The demands of my role change from minute to minute. I can be helping the ward to move a critically ill patient to CCU; arranging for a patient to see their dog in the library; supporting a staff member through a bereavement; responding to a flood in the basement; arranging flowers; dealing with burns in the kitchen; interviewing new staff; finding lost locker keys or involved in emergency theatre cases out of hours. The list is endless and endlessly diverse, which is one of the reasons I love this role – I never quite know how my day will pan out, and then I hand it all to the night sister at 20:00.



What are you most looking forward to achieving as Deputy Matron?

I would like to ensure that the Hospital stays at the forefront of excellent nursing care with the discipline and compassion to make things right for every patient every time they come in. But in addition to this, I want us to keep learning and looking outwards so that we take on the best that healthcare research and innovation has to offer: making sure our patients get the best care in terms of technological and clinical advances.

I also feel that it is essential to concentrate on our staff wellbeing – I strive to treat staff with respect and to maintain a caring and positive culture: an environment in which everyone can flourish. It is the staff the patients remember/talk about when they leave the Hospital, so they are really our most important asset.

Tonya Kloppers

The Endoscopy Unit

George Worthington is Theatre Manager and the new Endoscopy Unit is part of his department. He is a biomedical scientist by background and has over 20 years' experience within both the NHS and private sector, managing large-scale change management programmes and service delivery projects.



George Worthington

When I started at King Edward VII's Hospital at the beginning of 2017, one of the projects that attracted me to the post was opening the new Endoscopy Unit. The plan was simple: "open a state-of-the-art facility, with a purely personal touch". So we did. Months of planning and design have gone

into developing the unit. We have one treatment room fitted with brand new, high specification equipment, to allow the consultants to both diagnose and treat a range of different conditions. The personal touch is achieved by the design of the patient flow, whereby even with a number of patients in the unit at the same time, their paths will not cross.

This gives each patient a feeling of individual care and maintains a high level of dignity throughout admission, the procedure and recovery. Due to the nature of the procedures, patients are "nil by mouth" for 24 hours prior to admission. For this reason, we ensure all our patients are given a full meal

after their procedure while they remain in recovery. Once they are comfortable and well fed, they can be discharged directly from the unit.

Within the unit we offer further diagnostic and treatment procedures which complement our service. Bravo pH monitoring is a relatively new technique, whereby a small capsule is attached to the inner wall of the stomach. The capsule measures the acid levels in the stomach and sends the information to a small receiver worn on the patient's belt. After a number of days the information on the recorder can be downloaded and a picture of the function of the stomach can be built up to give first-class diagnostic information.

We have also become the first Hospital within London to offer the Rafaelo procedure for the treatment of haemorrhoids. The Rafaelo is a truly walk-in, walk-out procedure, taking only a few minutes, to fully treat haemorrhoids with virtually no recovery period. This allows patients to be symptom free on leaving the Hospital and return to normal activities within days, compared to alternative therapies which can leave a patient incapacitated for up to 2 weeks. The Endoscopy unit in King Edward's is currently the only facility in central London to offer this treatment.

The unit opened in mid-July of this year and by the end of October, we will have seen 100 patients come through the unit. We are determined to see this growth continue and for the reputation of the personal care of the patients within the unit to fully reflect the reputation of the Hospital with both patients and consultants.

Endoscopy is a procedure used to examine any part of the interior of the body through a long, thin, flexible tube, about the thickness of your index finger (colonoscopy) or your little finger (gastroscopy), with a bright light and camera at its tip. The endoscope is inserted through a natural opening to explore parts of the digestive system including the colon and stomach.

Opposite: Endoscopy suite



Consultant spotlight

Amyn Haji is a laparoscopic colorectal surgeon and interventional endoscopist at King's College Hospital. He is the Clinical Lead of Colorectal Surgery and Endoscopy here at King Edward VII's Hospital and has been a consultant for seven years. His main interest is in minimally invasive and natural orifice surgery.



Amyn Haji

Can you tell us about your background and what made you decide to become a surgeon?

I moved to the United Kingdom at the age of 8 and studied at Bromsgrove School in Worcestershire, followed by reading medicine at Cambridge University. During my early surgical resident jobs, I was inspired by colorectal surgery as at that time, laparoscopic or keyhole surgery was relatively new to the UK. I discovered that there was a huge advantage for patient recovery using these minimally invasive surgical techniques. I subsequently did my research in interventional endoscopy at King's College London, followed by a fellowship in Japan to learn new techniques using natural orifice surgery. We have since introduced these techniques in the UK in my practice ensuring that patients have safe effective surgery with faster recovery.

The field of endoscopy and laparoscopic surgery forever growing with ongoing advances in technology. One such technology is the use of magnification (x100) endoscopes used for both the diagnosis of gastrointestinal polyps and early cancers. This means that we can see polyps in the bowel in greater detail and make decisions about their treatment avoiding major surgery.

What does it mean to you to be invited on to the King Edward VII's Hospital staff?

An invitation to join the Hospital staff is a great honour and a privilege. The consultant staff are pioneers in their field and are recognised for their clinical excellence. I feel confident that any of my patients would get outstanding care seeing any one of the consultants. In addition to this, the nursing care is outstanding and my patients love to come to the Hospital as everything is taken care of with attention to detail. The Hospital committee felt that I could offer my expertise in laparoscopic surgery and in particular endoscopy.

Introducing new consultants

We are pleased to welcome the following consultants to our staff:

TITLE	FULL NAME	SPECIALITY
Mr	Giles Stafford	Orthopaedic Surgery
Mr	Peter Andrews	ENT- Rhinology
Mr	Christian Brown	Urology
Mr	John (Ian) Jenkins	Colorectal Surgery
Dr	Bu' Hussain Hayee	Gastroenterology
Dr	Simon Marsh	Breast Surgery (& Hernia)
Mr	James Kinross	Colorectal Surgery
Dr	David Evans	Breast Radiology
Dr	Katherine Pigott	Clinical Oncology
Dr	Levan Makalanda	Neuroradiology
Dr	Muaaze Ahmad	Radiology
Mr	Khai Lam	Orthopaedic Surgery

The Hospital administration have been extremely supportive with my practice and we have worked together to open a new Endoscopy Unit at the Hospital with all the latest equipment. It is a real pleasure to come to the unit and have magnification (x100) endoscopes available for my patients. I am honoured to be Clinical Lead for this service and look forward to welcoming more patients to benefit from the expertise we offer.

What advice can you give readers regarding screening for bowel cancer?

There has been increasing awareness in the press and from the bowel cancer screening programme about patient symptoms that should prompt further investigation with a colonoscopy. I recommend my patients to keep to a healthy diet with a combination of fruit, vegetables and fibre to ensure that their bowel habit is regular. It is important that we take regular exercise and also drink plenty of water each day.

However, I would recommend consulting us if there are symptoms of rectal bleeding, persistent change in bowel habit, abdominal pain or if there is a family history of bowel cancer. These days, we can perform a colonoscopy safely as a day case procedure, and detection of polyps and their removal saves lives with early detection of bowel cancer.

Amyr Hajj

Annual Reception

On 3 October 2017, in the presence of our President HRH The Duke of Kent KG GCMG GCVO ADC(P), over 150 guests gathered in the Dorchester Library at the Royal College of Physicians (RCP) in Regents Park for our Annual Reception.



The Dorchester Library houses one of the most significant collections of medical rare books in the world, covering a range of subjects reflecting the broader education and interests of physicians of the day. In the 17th century the RCP's library was regarded as the country's most important library of learning outside Oxford and Cambridge.

This wonderful venue was enjoyed by our guests. Our Chairman Robin Broadhurst spoke about the important developments underway as the Hospital's buildings are transformed. Chief Executive Andrew Robertson spoke about the importance of fundraising and expressed gratitude to all those who support us.

HRH The Duke of Kent KG GCMG GCVO ADC(P) was introduced to many Friends and guests, and we are very grateful to him for spending so much time at the Reception and showing such interest in how the Hospital is moving forward and developing.

Thank you to everyone who joined us.

We would love to see so many more of you at next year's Reception which will be held at the Royal Hospital Chelsea on Thursday 27 September 2018.

Please save the date.

Thank you

Along with the Silent Auction, the sale of Christmas cards and the generous donations of our Friends, we were able to raise over £20,000.

However, we have a long way to go to reach our Appeal target of £15 million. So we welcome your donations, legacies and pledges in order to transform King Edward VII's Hospital, to ensure it remains London's foremost private hospital, and to enable us to continue our proud heritage of providing medical care to Service and ex-Service personnel.



Silent Auction provided by **Charity Fundraising Auctions**.

Photography by **Hayley Bray** who provided the cover image and Reception photos. Other Photography by **Gary Morrisroe**.

Music provided by students from the **Royal Academy of Music**.

Update on King Edward VII's Hospital 120th Anniversary Appeal

Since September 2016, Professor Roger Kirby has been chairing our 120th Anniversary Appeal Committee, charged with taking a leadership role in sourcing major donations. We have received some significant donations since then, with over £2 million raised to date. Importantly, you our Friends have been very generous, increasing your levels of giving and making one-off donations. For that we are very grateful..

We still have a long way to go to reach our target of £15 million, and are asking as many of you as possible to put us in touch with those who could help us access further significant donations.

We are hosting events that showcase the Hospital and give us a chance to present our plans.

Two are worthy of special mention.

Trustee and Friend of the Hospital, The Hon. Mrs Virginia Lovell hosted a lovely lunch at her home in Hampshire. I spoke a little on the work we are doing, our plans and in particular the work we are doing with veterans. The creation of the Centre for Veterans' Health and the very successful Pain Management Programme drew real interest.

Then in May we held a very special summer party at Asgill House, a beautifully restored Grade One listed residence on the banks of the Thames, hosted by Fred Hauptfuhrer. With 50 guests, and wonderful warm weather, the evening was complemented by poetry readings by our great friend and supporter, actor Edward Fox, OBE.

These two events alone raised more than £50,000 in donations, and we have others planned.

If you have any ideas, would like to host an event, or know of people, Trusts and Livery Companies or others that could help us, please get in touch.

Your legacy pledges are also very important to us.

Please contact the Fundraising Department on **020 7467 3926** or at **fundraising@kingedwardvii.co.uk** if you can help.

Tim Brawn, Director of Fundraising

Professor Kirby says:

"This is a fantastic hospital that will benefit patients for many years to come, provided we raise the funds to pay for enhanced facilities. It's tough, but we are very focused on hitting our target. I've been operating here for over 15 years and my patients really love the care and kindness this Hospital offers. However, we must move with the times and a newly refurbished King Edward VII's Hospital will be hard to beat!"

Opposite: HRH The Duke of Kent KG with Chairman Robin Broadhurst and Veterans' Health Coordinator Jane Taylor



“This is a remarkable Hospital. The personal touch, devotion and skill of the nursing staff all give the feeling of being surrounded by family.

There is now a pressing need for the Hospital to develop and expand, and to purchase the most up-to-date equipment.

Raising the necessary funds will require a huge effort from everyone who is connected to this Hospital and who loves it.

As President of King Edward VII’s Hospital, I strongly support the development plans and wish the fundraising efforts every success.”

HRH The Duke of Kent KG GCMG GCVO ADC(P)
President of King Edward VII’s Hospital

Christmas cards

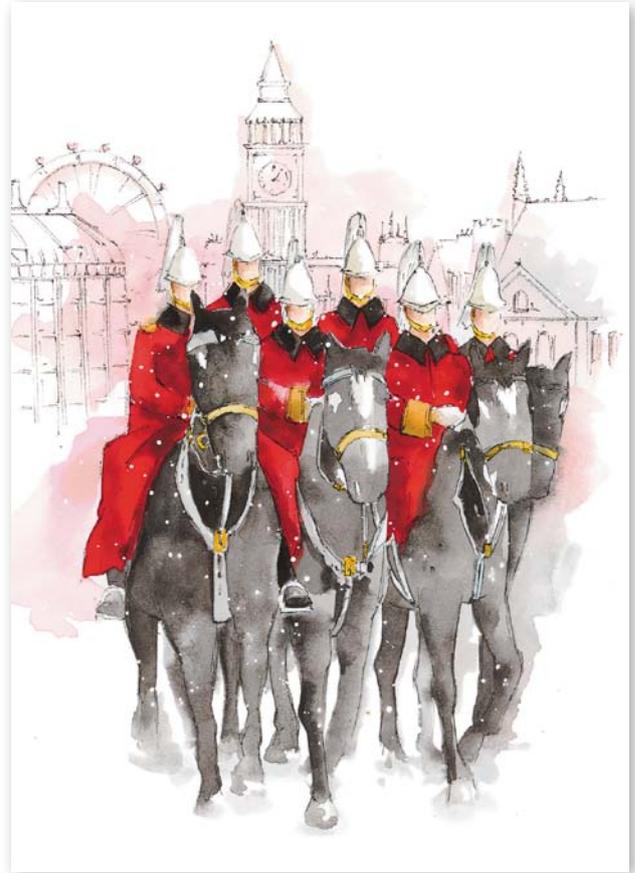
This year we are offering two designs 'Madonna of the Rose Bower' and 'Horseguards' at a cost of £5 per pack of 10, postage not included.



The greeting inside the cards reads "With Best wishes for Christmas and a Happy New Year"

Christmas card are available to purchase by contacting the Fundraising Department on **020 7467 3923** or by emailing fundraising@kingedwardvii.co.uk.

All proceeds from the sale of these cards will aid the charitable work of King Edward VII's Hospital.



Save the dates

We currently have the following events confirmed. We do hope as many of you as possible can attend.

Carols, Readings & Music for Christmas

Tuesday 12 December 2017 – 6:30pm

St Marylebone Parish Church,
17 Marylebone Road,
London NW1 5LT

Free entry

Homemade mulled wine and mince pies will be served afterwards in The Crypt Hall

Annual Reception 2018

Thursday 27 September 2018 – 6:30pm

Royal Hospital Chelsea,
Royal Hospital Road, Chelsea,
London SW3 4SR



Carols, Readings & Music for Christmas

Tuesday 12 December 2017, 6.30pm

St Marylebone Parish Church,
17 Marylebone Road, NW1 5LT

Join us for a festive evening of music and readings by **Sir Derek Jacobi, CBE** and **Edward Fox, OBE**, followed by mince pies and mulled wine.



Sir Derek Jacobi, CBE



Edward Fox, OBE

FREE ENTRY

Email CaitHartDyke@kingedwardvii.co.uk to reserve your place.

Registered Charity No: 208944

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