

## HOW DO I MAKE AN APPOINTMENT?

Often people are referred to the Pain and Neuroscience Centre of Excellence by other doctors, but you can refer yourself by contacting us directly. If you are not being referred by a doctor, we will ask you to provide details of your medical history and the results of any previous investigations you have had. This will help to make sure you see the right person for your initial consultation.

## WHAT WILL HAPPEN WHEN I CONTACT YOU?

You will be seen by the relevant specialist for an initial consultation. If necessary, you may be referred for further diagnostic tests including specialised scans. Treatment is tailored to your personal needs and can include physical, psychological and behavioural interventions. You will be involved in decisions about the right care for you, and in formulating a care plan.

To find out more about the service and to make an appointment, please contact us directly, or ask your doctor for a referral.

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KING EDWARD VII'S  
HOSPITAL



# PAIN AND NEUROSCIENCE CENTRE OF EXCELLENCE

## MANAGING PAIN

Many people struggle with pain. This can be caused by an injury, a long-term condition, or sometimes pain is a condition in its own right.

At King Edward VII's Hospital, we understand pain and how it can affect you both physically and emotionally. That's why we've developed a specialist pain centre which brings together world-renowned experts in pain management who will work together to make sure you get the right support. It means we can guarantee you the highest-quality care for all types of pain.

Our team includes specialists in the following areas of pain medicine:

- Musculoskeletal pain (including back and limb pain)
- Rheumatological conditions associated with pain (such as arthritis)
- Pain that needs the input of spinal and neurosurgery
- Headaches
- Dental and oral facial pain
- Pelvic and abdominal pain
- Cancer-related pain
- Acute pain
- Pain that requires specialist techniques such as neuromodulation.

The specialists available at King Edward VII's Hospital have expertise in acute injury and disability, sports-related injury, rehabilitation and persistent pain management. You will be seen by the most appropriate person depending upon your specific requirements.

## THE PAIN AND NEUROSCIENCE CENTRE OF EXCELLENCE

We deliver a complete pain management service for patients, which takes into account your physical health and emotional wellbeing. This fully integrated service is designed to make sure you receive the right assessment, diagnoses, and treatment as fast as possible.

## OUR TEAM

Our Centre of Excellence brings together a highly skilled team of nationally and internationally recognised clinicians specialising in pain management.

The team also includes specialist nurses, physiotherapists and psychologists who are trained in pain medicine. This multidisciplinary approach is central to the success of the service.

Our experts also work closely with a wide range of other specialists in the fields of musculoskeletal, neuropathic, pelvic (including urological and gynaecological) and facial pain as well as headaches.

## OUR SPECIALIST PROGRAMMES

In addition to the one-to-one care we offer to all our patients, we run several programmes which you can access if appropriate. These programmes are run by our multidisciplinary team and include:

- Intensive pain management programmes for those with back pain.
- Return to work programmes.
- Specialised programmes (such as for pelvic pain, headaches and facial pain).
- Inpatient pain management programmes, specialised around drug reduction or optimisation.